

# University of Mumbai

Dr. Mrudul Nile.  
Director



Department of Students' Welfare  
Vidyapeeth Vidyarthi Bhavan,  
'B' Road, Churchgate,  
Mumbai - 400 020.  
Tel. No. 2204 28 59

No. SW/53/of 2015

**CIRCULAR:**

Dear Sir/Madam,

As you are aware that Mumbai is grappled with the epidemic of swine flue.

It is requested that all the colleges have to take adequate precautions to contain the epidemic at the institutional level etc. You are requested to keep the premises clean, water coolers to be cleaned on a weekly basis. If need be the college should conduct a health camp and collaborate with the pathology lab in the vicinity of the college.

You are also requested to submit the plan an action taken after month.

Some precautions you need to take.

1. If a student is sick or have any flu like symptoms ask the students to be on leave. It generally mimics the symptoms like regular flu or cold.
2. Contain your cough  
Cough or sneeze into the crook (inside elbow) of your arm. This way the germs are not transferred. It is very contagious and can spread easily by touching an infected object and then touching your face. A full mask would help avoid infection in enclosed spaces.
3. Wash hands frequently.
4. Use soap or hand sanitizer to avoid swine flue.
5. Avoid shaking hands or hand contact.
6. Avoid crowd.

Thanking you,

Place : Mumbai - 400 020.  
Date : 25<sup>th</sup> March, 2015.

  
Dr. Mrudul Nile  
I/c. Director, DSW

To,

The Directors/Heads of the recognized Institutions & The Principals of the constituent and affiliated colleges and Heads of the Mumbai University Departments.