

## **BIO-DATA**

- Name** : **Dr. (Mrs.) Priscilla Paul**
- Age** : 49 Years (13-03-56)
- Designation** : Reader
- Office Address** : University Department of Applied Psychology,  
University of Mumbai, Vidyanagari, Kalina,  
Santacruz (E), Mumbai – 400 098.
- Office Tel.** : 26526091 Ext. 439
- Residential Address** : F/8, New Teachers Quarters,  
Vidyanagari Campus, Kalina,  
Santacruz (E), Mumbai – 98.
- Residential Te.** : 26526468
- Teaching Experience** : Total Teaching Experience 18 ½ years.

### **ACADEMIC QUALIFICATIONS :**

- Matriculation Examination** : Second Class, 1974
- Pre-University Examination** : First Class, 1976  
M.S. University of Baroda.
- Bachelor of Arts Degree** : Specialization in Child Psychology  
First Class 1979  
M.S. University of Baroda.
- Master of Arts Degree** : Specialization in Counselling Psychology  
First Class, 1981  
M.S. University of Baroda.
- Doctor of Philosophy** : Psychology, Awarded the Degree in  
February 1987 titled “A study of value  
orientations of Adolescent Boys and Girls”.  
M.S. University of Baroda.

### **TEACHING EXPERIENCE :**

- Graduate Teaching** : • Worked as Teaching Assistant in  
the Department of Psychology,  
M.S. University of Baroda for one year

(August 1983 – June 1984).

- Worked as Lecturer in Woman's Christian College, Madras for one month on a leave vacancy (1<sup>st</sup> July – 31<sup>st</sup> July 1986)
- Worked as a Lecturer in the Department of Psychology, Faculty of Education & Psychology M.S. University of Baroda for Four months (August 1987 to November 1987)

**Post-Graduate Teaching**

- : • Presently working as a Reader from 27<sup>th</sup> July 1998 till date.

**RESEARCH EXPERIENCE**

**Research Guide**

- : • Guided 3 M.A. Dissertations which were part fulfillment of the M.A. Degree in Social Psychology in 1989-90.
- Guided Research Projects which are part fulfillment of the M.A. Degree in Social Psychology since 1995 till date.
  - Guided Research Projects which are part fulfillment of the M.A. Degree in Counselling Psychology 1997-98.
  - Guided a Dissertation as part fulfillment of advance Diploma in counseling Psychology of the Department of Applied Psychology, University of Mumbai in July 2001.

**Other Research Experience**

- : • Assessed a synopsis of a Ph.D. Thesis as an External Expert for Shivaji University, Kolhapur, 2001
- Expert in the panel of Interviews for the Ph.D Proposals of S.N.D.T. University, Mumbai for two years (1999-2001)

**Other Experience**

- : • Examiner and External Expert in various Examinations in different Universities.
- Coordinated the organized a number of career conferences and career Exhibitions in schools.
  - Coordinated and organized an Exhibition on "Psychology in Everyday Life" organized by Bhavan's College, Mumbai.

- Coordinated and put a stall of the Department of Applied Psychology in the health care Exhibition organized by the Indian Council of Health Education and Health Services (18<sup>th</sup> – 20<sup>th</sup> December 1997).
- Worked with a Team of Academicians as an Expert to develop Indian Norms for the Standard progressive matrices for Bombay City in collaboration with Manasayan Publishers, 1997.
- Worked with Tash Foundation on a project on street Children funded by the world Health organization, 1995.
- Worked with Tash Foundation on a project on Physically handicapped funded by world health organization, 1999.
- Worked along with academicians in Revising the M.A. Part I and II syllabus in Psychology 1995.
- Worked along with academicians in Re-revising the M.A. part I and II syllabus in Psychology 2002.
- Worked along with academicians in preparing the syllabus of the Advance Diploma in Counselling Psychology.
- Prepared and introduced the Social Psychology Practicum paper for the M.A. Part II students specializing in Social Psychology from 1995 onwards.
- Presently working on a research paper on the physically Handicapped.
- Completed research project funded by the University Research Grant 2001.

**COUNSELLING EXPERIENCE :**

Actively Involved as a Counsellor in the Counselling Centre of the Department of Applied Psychology, University of Mumbai.

• **Research Experience & Training**

### **LIST OF PUBLICATIONS :**

1. Dr. Priscilla Paul & Mrs. Sudha Karnad titled “Problem Child” in the National Journal of Iiomeopathy – Vol. VII No. 1, Jan, - Feb. 1998.
2. Dr. Priscilla Paul, Ms. Jennifer D’Costa & Ms. Jagruti Shirsat – “An Exploratory study of Personality and work values in various organization published in the Bombay Psychology Journal, Vol. XVI, No. 1 & 2, 1999. Pgs. 32-36.
3. Dr. Priscilla Paul & Ms. Padmaja Pawar “A study to measure satisfaction of Doctors, Nurses and patients of Private and Government Hospitals” published in the Bombay Psychology Journal, Vol. XVI, No. 1 & 2, 1999. Pgs. 62-65.
4. Dr. Priscilla Paul & Ms. Mitali Kankhalia to study the differences in personality types of coping skills in Pathological Internet Users & Non Pathological Internet users published in the Indian Psychological issues June – December 2003.

### • **Research Projects Carried Out**

Had undertaken and complete Research Projects under the department Research Grant Scheme per year.

1. A study of value patterns of Teachers and their role as Counsellors in school setting 1990.
2. To study the relationship between adolescents adjustment problems and the behaviors patterns of their parents, 1991.
3. A study of peer influence in the aspirations of higher secondary students, 1992.
4. Social skills Training : an effective intervention for school going students, 1993.
5. A study of peer relationship among college students and evaluating an effective intervention, 1998.
6. A study of personality characteristics and adjustment problems of destitute adolescents, 1996.
7. To study the effect of job stress role conflict and life satisfaction among women mangers.
8. To study the effect of locus of control of friendship and self Disclosure of Adolescents, 1998.
9. To study the effect of self esteem on the Social Skill of adolescence, 199.
10. To standardize a Questionnaire for male menopause, 2000.

- **Completed A Research Project Titled.**

Funded by the University Research Grant 2001.

- **Seminars, Conference, Symposia, Workshops etc. attended.**

**(A) SEMINAR / NATIONAL SEMINAR :**

1. Conducted Vocational Guidance Seminars for Standard X Students in Schools.
2. Attended and presented a paper “A study of job satisfaction and work values of School Teachers” in the National Seminar on “Leadership Challenges in Human Resource Development” organized by the Department of Applied Psychology, University of Mumbai, 1989.
3. Attended and presented a paper “Anger Control – A” social skills “Intervention strategies in Human Resource Development” organized by the Department of Applied Psychology, University of Mumbai, 1991.
4. Attended a **National Seminar on “Human Resource management in the 21<sup>st</sup> Century”** on 12 and 13 February 1998 organized by the Department of Applied Psychology, University of Mumbai.
5. Attended and participated and part of the Organizing Committee in the Annual Convention of Bombay Psychological Association on “Human Resource Management : The need of the Day” organized by the Bombay Psychological Association on 20<sup>th</sup> February 1998.
6. Resources person to speak on “Adolescent Crises” in the panel of “Importance of Mental Health and adolescence and participated in the Two day Seminar on Prevention and Management of Suicidal tendencies” organized by University of Mumbai and Bhavan’s College (Andheri) on 6<sup>th</sup> and 7<sup>th</sup> march 1998.
7. Attended and part of the organizing Committee in the Annual Convention for Bombay Psychological association on “Reaching out ot Adolescents” on 5<sup>th</sup> March 1999.
8. Attended and part of the organizing committee in the Annual Convention for Bombay Psychological Association on “Cross Cultural Issues in Psychology on 20<sup>th</sup> and 22<sup>nd</sup> January 2000”.
9. Attended a One day Seminar on Dr. Ambedkar and Contemporary Indian held on 11<sup>th</sup> April 1992 at the J.P. Naik Bhavan, University of Mumbai, Mumbai.
10. Attended a One day Seminar on “The managerial Revolution in Indian for the faculty members of the Colleges and University Department University of Bombay Branch, Bombay at the T.P. Naik Bhavan, University of Bombay on 22<sup>nd</sup> April 1992.

11. Attended a One day Seminar on psychology of women in Transition at the S.N.D.T. University, Bombay at the J.P. Naik Bhavan, University of Bombay on 12<sup>th</sup> October 1995.
12. Attended three day Seminar on “Human Relationship” organized by the Department of Applied Psychology University of Mumbai sponsored by the I.C.S.S.R. in 1996.
13. Attended and part of organizing Committee in the One day Seminar on “Educating for Life” sponsored by the Diocesan Human Life Committee on 19<sup>th</sup> January 1999.
14. Participated as Volunteer in the 22<sup>nd</sup> Statutory Conference of AIFUCTO & U.G.C. National Seminar on Higher Education and National Development from 20<sup>th</sup> – 22<sup>nd</sup> October 2003 in Mumbai.

**(B) CONFERENCES / INTERNATIONAL CONFERENCES :**

1. Attended the Honorary Liason Officers and Librarians Conferences organized by the University Employment Bureau, Bombay at the Bajaj Institute of Management, Bombay on 27<sup>th</sup> January 1992.
2. Attended and participated and presented a paper “A study of personality of Destitute adolescents’ at the Annual Convention Golden Jubilee Convention of the Bombay Psychological association, Mumbai organized by the Department of Applied Psychology and the Bombay Psychological association, 1996.
3. Attended and participated in the Annual Conference of the Indian Psychological Association on 23<sup>rd</sup> and 24<sup>th</sup> November 1996 organized by the Department of Applied Psychology and Bhavan’s College, Mumbai.
4. Attended and presented a paper “An Exploratory study of personality and work values in various organizations” at the First International Conference of the South Asian Association of Psychologists organized by the Department of Applied Psychology and Institute of banking and personnel Selection on 27<sup>th</sup> and 28<sup>th</sup> December 1996.
5. Attended and part of the organizing committee at the Annual Convention for Bombay Psychological Association on “Cross Cultural Issues in Psychological on 20<sup>th</sup> and 21<sup>st</sup> January 2000.
6. Attended and part of the Bombay Psychological organizing Committee and presented two papers at the South Asian Regional Conference in December 2001 held in Mumbai. The two papers titles were “Self Perception of physical attractiveness, Self esteem and Social Competence among College students” and perceived Self-efficacy, level of leisure Activity and life satisfaction among institutionalized and non-institutionalized aged population”.
7. Attended and participated in the IXth Annual Convention of the Bombay Psychological association held on 6<sup>th</sup> Feb 2004.

8. Participated & Presented A paper on “Street Children” in the Symposia on Special Groups organized at the 18<sup>th</sup> Annual conference of the Marathi Mannashastra Parishad in Mumbai 29<sup>th</sup> – 31<sup>st</sup> Dec. 2003.
9. Attended the Two day national Seminar on creating a Learning Society “Organized by Rizvi College of Education, Mumbai on 27<sup>th</sup> & 28<sup>th</sup> November 2004.

**(C) TALKS / WORKSHOPS :**

1. Conducted a Workshop on “Communication skills” for the high school students of Regina Pacis Convent High School.
2. Conducted a Vocational guidance seminar for Std X students of O.L.P.S. School on 13<sup>th</sup> February 1993.
3. Attended and participated in a Two day workshop on “Stress Management for Teachers on 23<sup>rd</sup> and 24<sup>th</sup> November 1995 organized by the Department of Applied psychology, University of Mumbai.
4. Attended and participate in a Two day workshop on “Stress Model for street Children on 26<sup>th</sup> and 27<sup>th</sup> August 1995 organized by Tash Foundation, Mumbai in collaboration with the world health organization.
5. Conducted a workshop in the area of advance of Social Psychology in the Two day Workshop cum Seminar on the 20<sup>th</sup> February 1996 organized by the Department of Psychology and Bhavan’s College, Mumbai.
6. Conduct workshops regularly for the M.A. part I and II students of the Department.
7. Resources Person to give talk on “Social Skills Training” at the Psychological Association of Modern College, Mumbai on 29<sup>th</sup> August 1996.
8. Resource Person to give a talk on “psychological Assessment’ to graduate students of Royal College, Mumbai on 7<sup>th</sup> January 1996.
9. Conducted a One day Workshop on “Managing Change” for the army retiring Personnel at Secunderabad on 26<sup>th</sup> may 1996 organized by the EME Battalion, Secunderabad.
10. Conducted a Workshop on “Goal setting and Decision making for Commerce students of J.M. Patel College of Commerce on 12<sup>th</sup> September 1997.
11. Conducted a Workshop on “Personality Development” for the Rehabilitated Substance Abusers of Seva Dhan at their Centre at Ganeshpuri on 10/12/1997.
12. Conducted workshops on Personality Development, Self-awareness for the unwed mothers and orphan children 1998-2001. St. Catherine Home.
13. Conducted case Conferences in various institutions during the year 1998-2000.

14. Panel Experts as Psychologist in the Website launched on 19<sup>th</sup> January 2000. growingwell.com
15. Organized various Workshops on team buildings, communication skills, Personality development and group enthusiasm, 2004-2002.
16. Organized workshops on team building, self development for the Physically handicapped at VRC February 2002.
17. Organized Workshops on team building & self development for Physically handicapped September 2003. VRC.
18. Organized a case conference for the Drug Addicts / Alcoholics at Seva Dhan in Nov. 2003.
19. Organized Workshop on Communication skills & Conflict resolution Nov. 2003.
20. Organized a Workshop on team building for the Elderly at Dignity Foundation on 18<sup>th</sup> September 2004.
21. Organized a talk on issues of family by Mrs. Madhavi Desai at family Court on 23<sup>rd</sup> Nov. 2004.
22. Resources Person to give a Talk on Psychology and Youth in the Two day Seminar organized by Ruia College on 6<sup>th</sup> Dec. 2004.
23. Resources Person to give a Talk on Psycho-Social Aspects of HIV / AIDS women and girl child organized for the clinical meeting in Western Railway Hospital on 8<sup>th</sup> Dec. 2004.
24. Organized a Talk on Psycho-Social problems of women by Mrs. Sunanda Stree Chetna 9<sup>th</sup> Dec. 2004.

**(D) ANY OTHER QUALIFICATIONS :**

1. Awarded the National Merit Scholarship for the Master of Arts Degree in Psychology at the M.S. University of Baroda, Vadodara 1979-81.
2. U.G.C. research fellowship holder for three years 1983-86 for the Ph.D Degree at the M.S. University of Baroda.
3. Completed an Orientation Programme for 21 working days (12<sup>th</sup> June – 10<sup>th</sup> July 1991), Academic Staff College, Mumbai University.
4. Completed the First Refresher course in Psychology for 21 working days (11<sup>th</sup> November – 7<sup>th</sup> December 1991) from Academic Staff College, Mumbai University.
5. Completed the Second Refresher course in Psychology for 21 working days (2<sup>nd</sup> January 1997 to 29<sup>th</sup> January 1997) from Academic Staff College, Mumbai University.



6. Completed the Third Refresher course in psychology for 21 working days (15<sup>th</sup> November 1999 to 10<sup>th</sup> December 1999) from Academic Staff College, Mumbai University.

**(E) MEMBERSHIP OF PROFESSIONAL BODIES :**

1. Life Member and Hon. Secretary of the Bombay Psychological Association. 2003-2006.
2. Life Member of Indian Psychological Association.
3. Life Member of Indian Association of Mental Health, Dharwad.
4. Member of the Senate, University of Mumbai.

**NON ACADEMIC ACTIVITIES :**

1. Working as a warden of the Maharishi Dhond Keshav Karve ladies Hostel, University of Mumbai since August 1991 to till date & Dr. Pandita Ramabai Girls Hostel since Aug 2003 to till date.