



एतन् विद्याय विष्णुको

प्रो. डॉ. जसपाल एस. सन्धू
सचिव

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Secretary



सत्यमेव जयते

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(मानव संसाधन विकास मंत्रालय, भारत सरकार)
(Ministry of Human Resource Development, Govt. of India)

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D.O.F.No. 1-1/2015 (Secy)

1st June, 2015

Dear Sir/Madam,

This is in continuation of my earlier letters of even number dated 17th April, 2015 and 14th May, 2015 regarding observance of International Day of Yoga on 21st June, 2015 in a befitting manner. It is further desired to adopt the following activities during the celebration of **International Day of Yoga on 21st June, 2015**:

- (i) In the morning a **Demo by Yoga Practitioners** may be organized on Yoga Day. The willing students and faculties of the universities may practice Yoga as shown by the practitioners. The other students/faculties may, however, observe the same.
- (ii) The best participants of the Yoga Session may be awarded with **prizes & certificates** in a function to be organized on that day.
- (iii) **Yoga Exhibition on Yogic Postures** may be organized in a big Hall. The banners in this regard will be displayed for awareness in the campus.
- (iv) **Online Essay Competition** may be organized and the best students may be awarded with prizes and certificates.

Accordingly, you are requested to kindly observe the International Day of Yoga on 21st June, 2015 by adopting the above mentioned activities in your esteemed University and affiliated Colleges and send Action Taken of the preparation for holding this event to UGC by email (ugc.yoga@gmail.com) by 8th June, 2015.

With kind regards,

Yours sincerely,

(Jaspal S. Sandhu)

The Vice-Chancellor of Universities except Central Universities.